

Complement Your Health

www.complementyourhealth.com



“Our philosophy is to enhance the health of all our clients by providing complementary therapies that promote improved health and well-being”

Treatment Tariff

Aromatherapy Facial <i>a gentle pampering treatment using essential oils custom blended especially to benefit your skin</i>	30 mins	£20	energising
Aromatherapy Massage <i>pure essential oils selected & hand blended for you applied with therapeutic massage to soothe or invigorate the mind & body</i>	60 mins	£40	
Emotional Freedom Technique <i>for relief from anxieties and phobias</i>	60 mins	£45	
Eye Treatments <i>to help define the face and emphasis the eyes without having to use mascara or eyebrow pencils ~ skin test required 24-48hrs prior to tint</i>	Eyelash Tint	£10	calming
	Eyebrow Tint	£ 8	
	Lash & Brow Tint	£17	
	Eyebrow Shape	£ 9	
	Eye Package	£25	
Hot Stone Therapy <i>a single hot stone stroke equals ten strokes with the hand – no wonder this treatment is so popular!</i>	75 mins	£55	invigorating
Indian Head Massage <i>popular treatment for PC users & drivers to treat key areas of tension, applied with or without ayurvedic oils</i>	45 mins	£29	
Hand Treatments <i>with a selection of OPI colours ~ Luxury with heated mitts, Exotic with hot stones</i>	Manicure	£25	
	Luxury Manicure	£28	
Foot Treatments <i>with a selection of OPI colours ~ Luxury with heated mitts, Exotic with hot stones. Please bring open toed shoes for foot treatments</i>	Pedicure	£28	relaxing
	Luxury Pedicure	£30	
	Exotic Pedicure	£37	
Raindrop Technique <i>drops of essential oils on the back combined with Reiki to relieve stress and aches & pains</i>	60 mins	£38	revitalising
Reiki <i>a non-invasive therapy promoting mental, emotional and physical harmony and well-being</i>	60 mins	£35	
Thai-Style Spa Treatment <i>an enchanting and aromatic invigorating treatment with a taste of the exotic</i>	60 mins	£56	
Therapeutic Massage with/without essential oils <i>stimulating treatment alleviating tension and aches & pains</i>	60 mins	£40	soothing
Thermo-Auricular Therapy (Hopi Ear Candles) <i>relaxing therapy helping ear nose and throat conditions – ask for separate leaflet for more information</i>	60 mins	£32	
	Course 4		
	Child	£90	
	Adult	£115	
Waxing <i>using aromatherapy based waxing products to cleanse & soothe</i>	Half Leg	£14	
	Under Arm	£ 9	
	Pant Line Bikini	£ 9	
	Package Above	£30	
	¾ Leg	£17	
	Full Leg	£20	
	Lip & Chin	£10	
	Lip/Chin/Eyebrows	£ 7	
	Forearm	£14	

Gift Vouchers Available

Valid from October 2007

at Glovers Integrated Health Care, 10 William Street, Edinburgh EH3 7NH Clinic: 0131 225 3161 Office: 0131 334 1311